



CITY OF TOMBSTONE

# Old Firehouse Senior Center Newsletter

Volume 31

April 2019

## VOLUNTEER APPRECIATION!

By: Debbie Hankerd

### Special points of interest:

- April 21st—Easter
- May 12th—Mother's Day
- May 27th—Memorial Day—OLD FIREHOUSE SENIOR CENTER CLOSED
- June 16th—Father's Day

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On March 8th our Volunteers were honored at a special Appreciation Dinner hosted by **Tombstone Senior Volunteers, Inc.!** They had dinner at Puny John's BBQ with games and door prizes! Certificates of Appreciation were handed out to each volunteer. It was a special event. THANKS TO ALL VOLUNTEERS!



**prizes!**



## OLD FIREHOUSE ACTIVITIES

### LINE DANCING!

The schedule for line dancing in 2019:

April 10th

May 8th

June 12th

Join us!



Ron and Dee will be teaching us the latest steps, so come on down and stomp your feet!



### Nutrition Class with Cynthia

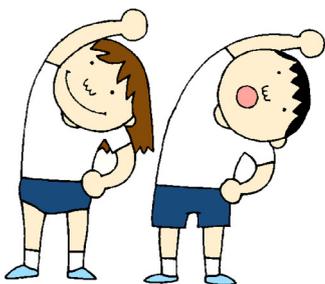
Cynthia Aspengren comes to the senior center usually on the fourth Thursday of the month to educate us in nutrition. She has lots of valuable information, so join us!

4/25/2019	Food Makes the Mood
5/23/2019	Food to Improve Arthritis
6/28/2019	Do You Need that Supplement?

### SENIOR STRETCH

### WE HAVE A NEW TIME!

Morning stretch is now from 9:30AM to 10:30AM on Mondays, Wednesdays and Fridays. Starting April 1st! Kay has more videos to share, there will be 2 half hour sessions, if you only want to stay with a half hour, it's up to you! Join us for a better workout on April 1st! Keep those muscles busy...use it or lose it!



Whoo-hoo!

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## KNOWLEDGE IS POWER!

**RIFF RAFF**—The Mississippi River was the main way of traveling from north to south. Riverboats carried passengers and freight but they were expensive so most people used rafts. Everything had the right of way over rafts which were considered cheap. The steering oar on the rafts was called a “riff” and this transposed into riff-raff, meaning low class.

**HOT OFF THE PRESS**—As the paper goes through the rotary printing press, friction causes it to heat up. Therefore, if you grab the paper right off the press, it’s hot. The expression means to get immediate information.

### **BETCHA DIDN’T KNOW—**

- The liquid inside young coconuts can be used as a substitute for Blood Plasma.
- Russia’s best selling candy bar is Snickers.
- The first product to have a bar code was Wrigley’s gum.
- Gerald Ford was the only man to be both President and Vice President, but never elected.
- The King of Hearts is the only king WITHOUT A MUSTACHE!
- American Airlines saved \$40,000 in 1987 by eliminating one (1) olive from each salad served in first-class.
- Venus is the only planet that rotates clockwise. (Since Venus is normally associated with women, what does that tell you?) (That women are going in the “right” direction....!)

# Senior Center News

By: Debbie Hankerd

## Suggestion Box

I have found a few suggestions in the suggestion box a few weeks ago.

If you would like me to address your concerns, please put your name and phone number on the suggestion.

The first one wanted to know, "Why isn't the menu on the web page? Been told it's on Facebook—I don't have Facebook though."

Answer: I give the monthly menu to Regina at city hall. She posts it on the city webpage. It is: <https://cityoftombstoneaz.gov/old-fire-house-senior-center>.

Next was, "Some portions of food isn't enough. Then one of the servers cuts things even smaller once it is brought out from the kitchen."

Answer: Portion control is difficult for us. Since we don't take reservations, we have no idea how many people will show up. Sometimes we run out of food for the day. If you see the servers cutting up the portions smaller, that means we are running out and would like to serve everyone at least a little something. Please bear with us! Do we want to go to the reservation system?



## TSV, INC

By: Debbie Hankerd

# *TSV hosted our Volunteer Appreciation Dinner on March 8th.*



TSV, INC. BOARD MEMBERS INCLUDE: L TO R— Top Row-Donna Farley, Mary Poteete, Steve Reeder, Lidia Barron, Yvonne Lefebvre, Laura Huber, Jeff Hankerd, Manager Debbie Hankerd, Bottom Row-Terry Grady, Linda Lee, and Jean Sullivan. Not shown is Susan Addison.

TSV, Inc. has hosted several events already this year. They include the Saint Patrick's Day Lottery Hat, Festus Comes to Tombstone, an American Legion Basket for the Quarter Auction and of course our Volunteer Appreciation Dinner. They have also bought new aprons for our kitchen staff and new soup pots for our every day use. See pictures on page 8.

 NEWS FROM TSV, INC.

**WE ARE NOW A QUALIFYING  
CHARITABLE ORGANIZATION!**

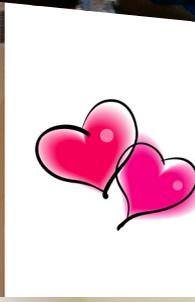
TOMBSTONE SENIOR VOLUNTEERS, INC.  
can receive your tax dollars!

If you owe taxes to the state of Arizona,  
you can choose to send those tax dollars to  
us instead. There is a limit of \$400.00 per  
individual or \$800.00 per couple.



This is GREAT NEWS! Our 501 C 3  
organization can now accept your donations  
for tax credits! See your tax preparer for  
information.

SENIOR MOMENTS



# HOSTED BY TSV, INC.

THANK YOU!



Lillian, Festus, & Linda Lee



Presenting Shar Larsen with her Lottery Hat!



New Aprons!



Thank you Volunteers!



Shar Larsen, WINNER!

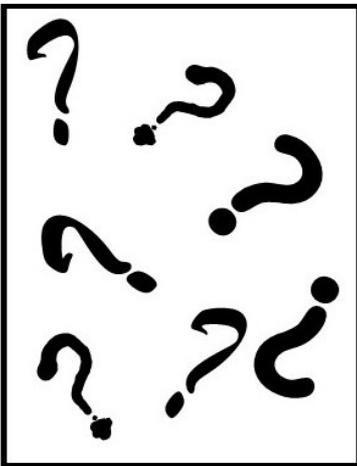


New Pot for the kitchen!



## Let's Get Acquainted with . . .

### You guess Who?



Our candidate this month is a bit camera shy. "You won't see my reflection in any mirror either," this person jokes. So, we thought we'd have a little fun this quarter and make this a "who-is-it" interview. Have fun guessing who our mystery member is.

This self-proclaimed "character" will bring a smile to your face and laughter to your lips. They declined to reveal their exact age or birthday, but confess they've lived in Tombstone forever. "Seems my great granddaddy had a bit a trouble wherever it was we was from, picked up the family and left quiet-like one night. Don't even know my real last name as he changed it, 'to protect the guilty', as he told my grandma. Ah well, this is Tombstone and that's all been washed out in the desert and he managed to

keep the family clear of all that cowboy trouble."

Our mystery person is quiet and of few words, so much so, that most of us might miss their sporadic comings and goings at the senior center.

While un-noteworthy in appearance, this person is a firm believer in the ways of the old west, frontier justice, and a staunch adherent to the "golden rule".

"My favorite food is rattlesnake, but unfortunately I can't get Debbie to include it in the menu; some nonsense about not being able to get it approved. Then there's the dessert thing. I have a powerful sweet tooth, but I guess the *sugar sheriffs* are looking out for my health. These modern ideas are like to kill a body."

Although not a scholar, this individual has tales to spin handed down by ancestors who helped create the mystique surrounding Tombstone. Our secret interviewee loves walking down the boardwalk shaking their head at the wonders of modern society.

Self-sufficient, this person lives "off the grid" as they say, unconcerned about power outages, the price of groceries, or who's running the country. They add, "What others think of me is none of my business, although I'd like to hear the scuttlebutt flying around about now." If you've given up, see answer on page18. :)

# Joke of the Day

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A cowboy, who just moved to Montana from Texas, walks into a bar and orders three mugs of Bud. He sits in the back of the room, drinking a sip out of each one in turn.

When he finishes them, he comes back to the bar and orders three more.

The bartender approaches and tells the cowboy, "You know, a mug goes flat after I draw it. It would taste better if you bought one at a time."

The cowboy replies, "Well, you see, I have two brothers. One is in Arizona, the other is in Colorado. When we all left our home in Texas, we promised that we'd drink this way to remember the days when we drank together. So I'm drinking one beer for each of my brothers and one for myself."



The bartender admits that this is a nice custom, and leaves it there.

The cowboy becomes a regular in the bar, and always drinks the same way. He orders three mugs and drinks them in turn.

One day, he comes in and only order two mugs. All the regulars take notice and fall silent. When he came back to the bar for a second round, the bartender says, "I don't want to intrude on your grief, but I wanted to offer my condolences on your loss."

The cowboy looks quite puzzled for a moment, then a light dawns in his eyes and he laughs.

"Oh no, everybody's just fine," he explains. "It's just that my wife and I joined the Baptist Church and I had to quit drinking."

"It hasn't affected my brothers though."



# OLD FIREHOUSE NEWS

Tombstone Senior Volunteers, Inc. donated a Gift Basket for the 7th Annual Quarter Auction at the American Legion on March 28th. The basket was valued at \$169.00 with several items which included:

- 2—Bath Towels
- 2—Hand Towels
- 2—Wash Cloths
- 1—Extra Hand Towel and small basket
- 1—Spa Robe
- 34 oz. Salon Selectives Shampoo and Conditioner
- 16 oz. Spa Haus Body Wash
- 12 oz. Spa Haus Moisturizing Lotion
- Wester Bathroom Vanity Set
- Viva Paper Towels.



Tickets were 25 cents each. All proceeds were donated to the Tucson Fisher House Foundation.

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## City of Tombstone

### Old Firehouse Senior Center

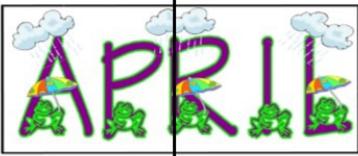
520-457-2525

seniorcenter.tombstone@gmail.com



April 2019 Menu

Meals served 11AM- 1 PM

MON	TUES	WED	THURS	FRI
1 BBQ Ribs Ranch Style Beans Coleslaw Fruit	2 Mushroom Soup Ham Sandwiches Salad Fruit	3 Chef Salad Rolls Fruit Dessert	4 Beef Stroganoff Pasta Mixed Vegetable Salad Fruit	5 Smoked Chicken Red Beans & Rice Cauliflower Salad Fruit
8 Chicken Fajitas Refried Beans Salad Fruit Dessert	9 Meatloaf Mashed Potatoes Corn Salad Fruit	10 Shrimp Fettuccini Garlic Bread Salad Fruit Dessert	11 Chop Suey Steamed Rice Salad Fruit	12 Carne Asada Refried Beans Spanish Rice Salad Fruit
15 Lemon Chicken Buttered Potatoes Green Beans Salad Fruit	16 Spaghetti Garlic Bread Salad Fruit Dessert	17 Pork Roast Mashed Potatoes Cauliflower Salad Fruit	18 Hamburgers Chips Pasta Salad Fruit Dessert	19 GOOD FRIDAY OLD FIREHOUSE CLOSED
22 Broccoli Cheese Soup Tuna Sandwiches Salad Fruit	23 Beef Tips Mashed Potatoes Green Beans Salad Fruit	24 Potato Soup Ham Sandwiches Shrimp & Pasta Salad Fruit Dessert	25 BBQ Chicken Baked Beans Bacon Cabbage Stir Fry Salad Fruit	26 Baked Potato Bar Salad Fruit Dessert
29 Farmer's Strata Pork Sausages Salad Fruit Dessert	30 Onion Soup Roast Beef Sandwiches Salad Fruit			

Rights reserved to substitute menu items depending on available funds and food supplies.

# HAPPY 100TH BIRTHDAY, MARIAN!

Last quarter we profiled our new centenarian, **Marian Spencer!** She joins us every Monday, Wednesday and Friday for Senior Stretch Exercises!

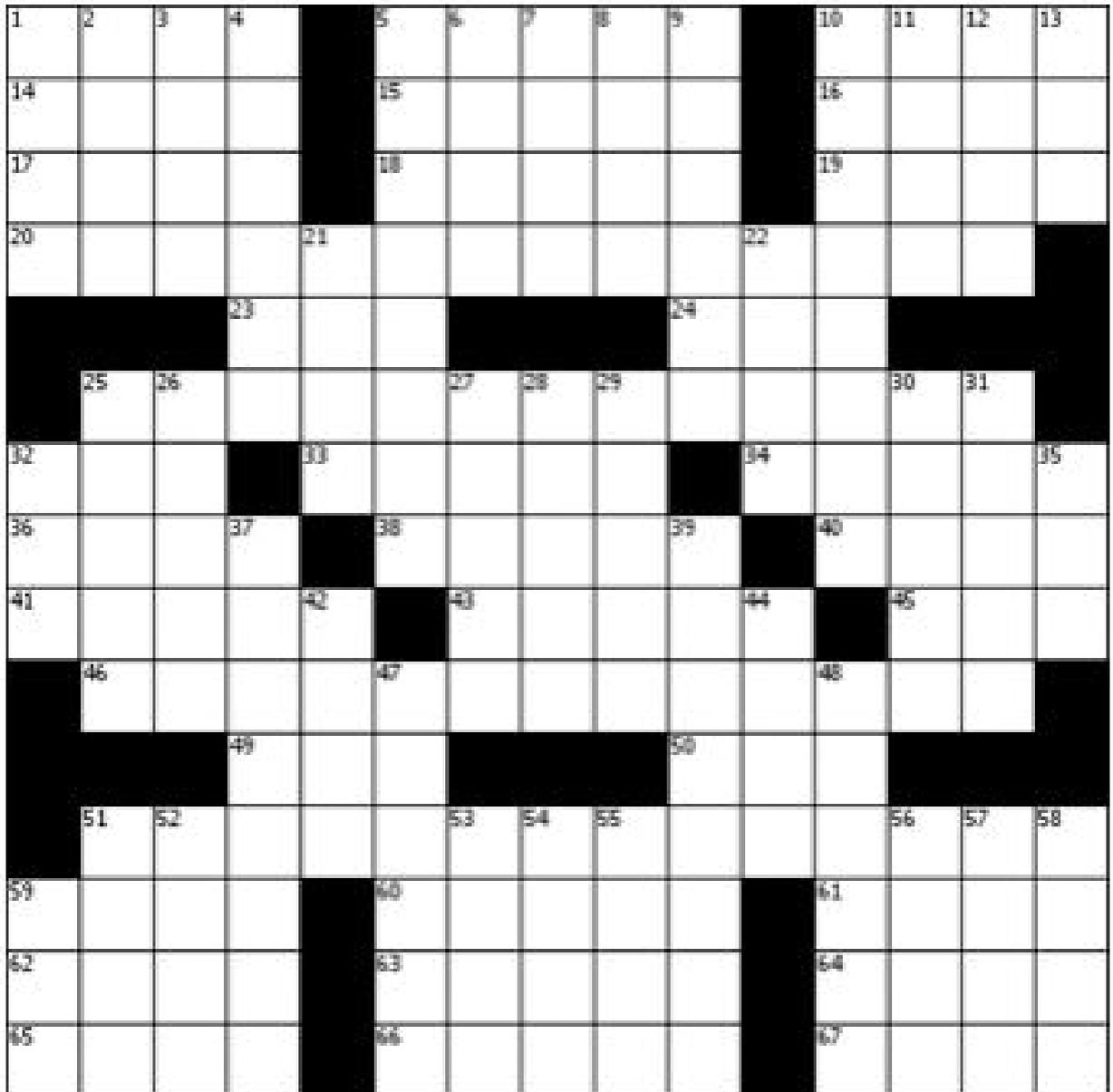
We celebrated her birthday with balloons, cake, lots of friends and the Mayor of Tombstone; Dusty Escapule! Dusty presented Marian with a proclamation declaring March 21st as Marian Spencer Day! She's even on the Smuckers Jar!



Congratulations! Happy Birthday, Marian!



# Senior Crossword



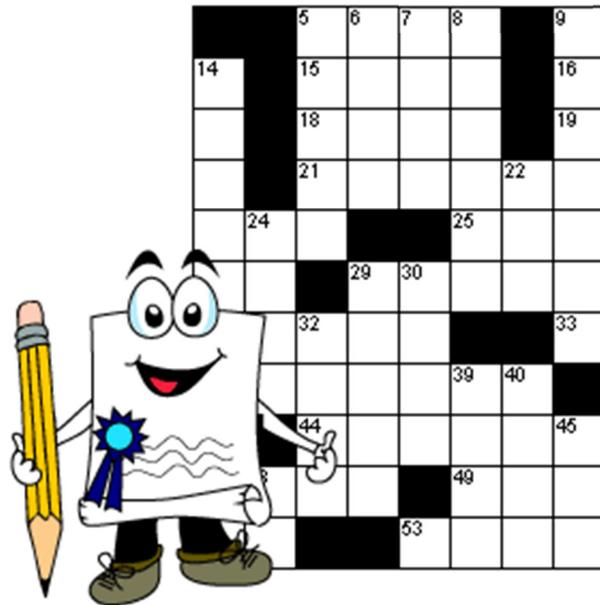
# Senior Crossword

**Across**

- 1. Pond floater
- 5. Geographical reference
- 10. Bouillabaisse, e.g.
- 14. Quarterback Flutie
- 15. Standing upright
- 16. Hemingway sobriquet
- 17. Fairy tale baddie
- 18. What's left, in Le Mans
- 19. Holly
- 20. Simon and Garfunkel classic, with "The"
- 23. Belittle, slangily
- 24. \_\_\_ Vegas
- 25. Susan Lucci, e.g.
- 32. Comedian Costello
- 33. "Ghostbusters" goo
- 34. Gulf of Aden country
- 36. \_\_\_'acte
- 38. Dock berths
- 40. Rocker Axl
- 41. Wife of Jason
- 43. Archer's missile
- 45. AFL affiliate
- 46. With "The," book after Ecclesiastes
- 49. Roof goo
- 50. Govt. broadcaster
- 51. Examine personal motives
- 59. Belgrade native
- 60. Shelter
- 61. Garden waterer
- 62. Spoken
- 63. That is: Latin
- 64. Part of MIT: abbr.
- 65. Ms. enclosure
- 66. Pub game
- 67. Good listeners

**Down**

- 1. Big fusses
- 2. Apple, for Apple
- 3. Wise adviser
- 4. Chairperson's list
- 5. Sprays from cans
- 6. Not kosher
- 7. Minus
- 8. Start of a play
- 9. "A Streetcar Named Desire" role
- 10. Never-married woman
- 11. Soft mineral
- 12. Fencer's choice
- 13. Wane's partner
- 21. Cocktail hour assortment
- 22. "No problem"
- 25. Loudness units
- 26. One-up
- 27. Rice dish
- 28. Arab leaders
- 29. Copy, for short
- 30. Merged gas company
- 31. Varnish ingredient
- 32. Moon craft, briefly
- 35. Prefix with classical
- 37. Ready for tenants
- 39. Chem lab liquids
- 42. Culture medium
- 44. Courts
- 47. Prom corsage
- 48. Golfer's five iron
- 51. Blood fluids
- 52. Important periods
- 53. "If I \_\_\_ Hammer"
- 54. CBer's "Back to you"
- 55. Bird house
- 56. O'Neill's daughter
- 57. Cold War empire: Abbr.
- 58. "Why don't we?"
- 59. "Help!" (and this puzzle's title)

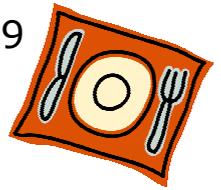


# Old Firehouse Numbers



Total Meals Served at the Senior Center in 2019

Month	Clients	Under 60	Visitors
January	738	11	75
February	918	21	150
March	1082	24	132
<b>Total</b>	<b>2738</b>	<b>56</b>	<b>357</b>



SPECIAL THANKS goes to the City of Tombstone, The Tucson Community Food Bank, SEAGO, DES, AZ Dept. of Adult & Aging Services and other donors for food to supply our senior center. THANK YOU!!



**2018  
Total  
12,549  
Meals!**

# Old Firehouse Birthdays

## Happy Birthday

### APRIL

- 3—Alexander, R.
- 5—Young, S.
- 6—Borash, J.
- 10—Ciochetti, M.
- 10—Clayton, C.
- 17—Apel, J.
- 19—Phillips, B.
- 22—Jentes, T.
- 22—Robinson, R.
- 23—Titherley, T.
- 26—Thomas, J.

### MAY

- 1—Brown, V.
- 1—Deeter, R.
- 2—Conner, D.
- 6—Terrill, D.
- 9—Hinton, A.
- 9—Rahn, T.
- 10—Evans, K.
- 11—Altamirano, B.
- 11—Larsen, H.
- 12—Davenport, J.
- 13—Marshall, J.
- 14—Yakush, G.
- 14—Spiker, L.
- 16—Scott, K.
- 17—Hallen, R.
- 18—Smith, M.
- 18—Valenzuela, D.
- 19—Marshall, C.
- 22—Sorensen, W.
- 29—Fields, H.
- 31—Doss, J.
- 31—Lesemann, J.

### JUNE

- 3—Ramsey, C.
- 3—Reed, M.
- 9—Phares, D.
- 17—Martinovich, J.
- 18—Grady, M.
- 19—Nixon, K.
- 20—Luedtke, D.
- 20—McDonald, C.
- 21—Butler, D.
- 22—Clark, C.
- 24—Oshaughnessy, A.
- 24—Sorensen, L.
- 24—Heffelfinger, R.
- 24—Hodgson, J.
- 30—Farley, D.



If you see any of these people on their special day, wish them a "Happy Day" for the Old Firehouse Senior Center!



# Senior Crossword Solution

Puzzle Solution © OnlineCrosswords.net

A	L	G	A		A	T	L	A	S		S	T	E	W
D	O	U	G		E	R	E	C	T		P	A	P	A
O	G	R	E		R	E	S	T	E		I	L	E	X
S	O	U	N	D	O	F	S	I	L	E	N	C	E	
			D	I	S				L	A	S			
	S	O	A	P	O	P	E	R	A	S	T	A	R	
L	O	U		S	L	I	M	E		Y	E	M	E	N
E	N	T	R		S	L	I	P	S		R	O	S	E
M	E	D	E	A		A	R	R	O	W		C	I	O
	S	O	N	G	O	F	S	O	L	O	M	O	N	
			T	A	R				V	O	A			
	S	E	A	R	C	H	O	N	E	S	S	O	U	L
S	E	R	B		H	A	V	E	N		H	O	S	E
O	R	A	L		I	D	E	S	T		I	N	S	T
S	A	S	E		D	A	R	T	S		E	A	R	S

Answer from Page 9— Our mystery guest is "April Fool's!"

## Volume 31

Deborah Hankerd  
Manager

507 E Toughnut Street  
PO Box 339  
Tombstone, AZ 85638

Check us out on the web!

Facebook@OldFirehouseSeniorCenter

CityofTombstone.com

Click on "City Council & Officials" then  
"Senior Citizens Center"

Phone: 520-457-2525  
Fax: 520-457-3516  
E-mail:  
seniorcenter@cityoftombstone.gov

### The Old Firehouse Senior Center

welcomes everyone who is 55 years or older and also all volunteers!

If you have a spouse who may be younger, they are welcome too.

We host a variety of activities such as bingo, movies, computers, line dancing, nutrition information and more!

Meals are served Monday through Friday from 11:00 AM-1:00 PM.

If you'd like to donate, volunteer or need any information, please contact the manager, Debbie Hankerd at 520-457-2525

## Happenings in Tombstone....

**Tombstone Rose Festival** April 12 @ 5:00 pm - April 14 @ 4:00 pm—Downtown Tombstone

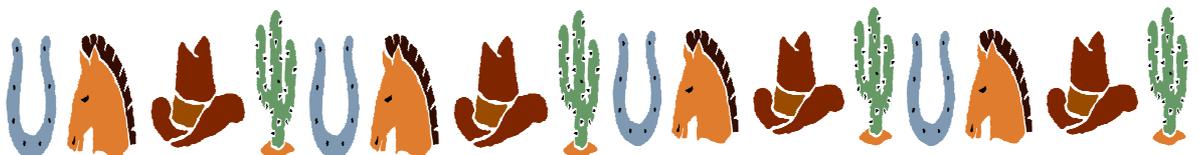
**Tombstone Wine Celebration** April 6 @ 11:00 am - April 7 @ 5:00 pm—Tombstone City Park

**Tombstone Rib Showdown & Craft Beer Festival** May 4 @ 11:00 am - 6:00 pm—Tombstone Brewing Company

**Wyatt Earp Days** May 25 @ 10:00 am - May 27 @ 4:00 pm—Downtown Tombstone

**Showdown at Territorial Days** August 31 @ 10:00 am - September 1 @ 4:00 pm—Downtown Tombstone

**Tombstone Helldorado Days** October 18 @ 10:00 am - October 20 @ 4:00 pm—Downtown Tombstone



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