



# CITY OF TOMBSTONE

## Old Firehouse Senior Center Newsletter

Volume 29

October 2018

### RAFFLE TICKETS ON SALE NOW!

By: Debbie Hankerd

#### Special points of interest:

- October 19-21—Hellorado Days
- October 31—Halloween
- November 12—Veteran's Day—OLD FIREHOUSE CLOSED
- November 22 & 23—Thanksgiving Holiday OLD FIREHOUSE CLOSED
- December 21—1/2 day at the Old Firehouse

#### Inside this issue:

Senior Activities	2-3
Tombstone Senior Volunteers, Inc.	5
Knowledge is Power	6
News	4, 7,11
BUNCO!	8
Joke of the Day	10
November Menu	12
Crossword	14-15
Birthdays	17
Sponsors	20



Vase  
be



Jewelry

Our annual raffle is coming soon! Tickets are on sale—3 for \$5.00 and 20 for \$10.00. We have lots of prizes for our winners! Each item will have a cup in front of it, if you would like to win that item, just put your ticket in the cup!

The drawing will be held on December 19th at 1:00 PM. Linda Lee has been working hard to procure the prizes. We currently

have over 100 prizes to pick from! Buy your tickets today! They are available at the senior center from Debbie, or Linda Lee! Time to win!



Golf Clubs

## OLD FIREHOUSE ACTIVITIES

### LINE DANCING!



Ron and Dee Heilman are back!  
They will be here on October 17th!

JOIN US for a **GREAT** time!

The following month we will dance on Wednesday, November 14, 2018. There will be no lesson in December. So don't miss it! Get your dancing shoes on and let's dance!



Join us for some bingo fun at 1:30 PM every Thursday! See what you can win! If you like to play games then let's see you here to play BINGO! There is no fee to play, but donations are accepted. Prizes are donated, so if you have anything you would like to donate, bring it along.

Let's have some fun!



### SENIOR STRETCH

Morning stretch is from 10 AM to 10:30 on Mondays, Wednesdays and Fridays. We have a large number of seniors who like to stretch, so come and join them. Get a work out! We are adding something new on Mondays! Join us for "Functioning Resistance". A weight training of sorts! Check it out!



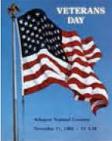
### Nutrition Class with Cynthia

Cynthia Aspengren comes to the senior center usually on the fourth Thursday of the month to educate us in nutrition. She has lots of valuable information, so join us!

10/25/2018	OFSC	Bone and Joint Health	Cynthia Aspengren
11/29/2018 5 <sup>th</sup> week b/c thanksgiving	OFSC	Nutrition for Brain Health	Cynthia Aspengren
12/2018	OFSC	No class this month University Closed	Cynthia Aspengren

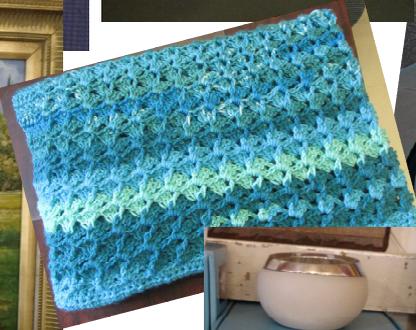
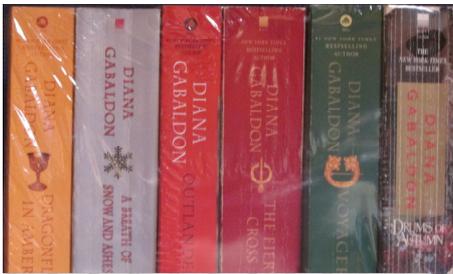
## OLD FIREHOUSE SENIOR CENTER ACTIVITIES

*NOVEMBER 2018*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 1:30P - 3:30P Bingo 4:00P - 6:00P Cameo Ladies	2 10:00A - 10:30A Morning Stretch 2:00P - 3:00P Computers w/Ann	3 
5 10:00A - 10:30A Morning Stretch 	6	7 10:00A - 10:30A Morning Stretch 11:00A - 1:00P AZ Medicare Helpers 3:00P - 4:00P Healthy Tombstone	8 1:30 P - 3:30P Bingo 4:00P - 6:00P Cameo Ladies	9 10:00A - 10:30A Morning Stretch 2:00P - 3:00P Computers w/Ann	10 9:00A - 12:00P Genealogy w/Bonnie
12 VETERAN'S DAY  OLD FIREHOUSE CLOSED	13 	14 10:00A - 10:30A Morning Stretch 11:00A - 1:00P AZ Medicare Helpers 3:00P - 4:00P Line Dancing	15 1:30 P - 3:30P Bingo 4:00P - 6:00P Cameo Ladies	16 10:00A - 10:30A Morning Stretch 2:00P - 3:00P Computers w/Ann	17 
19 10:00A - 10:30A Morning Stretch  10:00A - 11:00A TSV Monthly Meeting	20	21 10:00A - 10:30A Morning Stretch 11:00A - 1:00P AZ Medicare Helpers	22 THANKSGIVING  OLD FIREHOUSE CLOSED	23 THANKSGIVING HOLIDAY  OLD FIREHOUSE CLOSED	24 
26 10:00A - 10:30A Morning Stretch 1:30P - 3:30P Bunco	27 	28 10:00A - 10:30A Morning Stretch 11:00A - 1:00P AZ Medicare Helpers	29 Nutrition w/Cynthia 1-2P Bingo 2 - 3:30P	30	



Raffle Prizes—See page 1





# TSV, INC

By: Debbie Hankerd



TSV, Inc.  
Lottery  
Hat!

Tickets are:  
1 for \$1.00  
6 for \$5.00 or  
20 for \$10.00



Take a chance on winning 60 dollars worth of  
lottery tickets with hat included!

Drawing will be held December 19th, 2018  
at the Senior Center at 1 PM.

Need not be present to win. For more information call:  
520-457-2525.

All proceeds to benefit the Senior Center.



**BUY YOUR  
TICKETS NOW!**

## KNOWLEDGE IS POWER!

**OVER A BARREL**—In the days before CPR a drowning victim would be placed face down over a barrel and the barrel would be pulled back and forth in an effort to empty the lungs of water. It was rarely effective. If you are over a barrel you are in deep trouble.

**BARGE IN**—Heavy freight was moved along the Mississippi in large barges pushed by steamboats. There were hard to control and would sometimes swing into piers or other boats. People would say they “BARGED IN”.

**HOGWASH**—Steamboats carried both people and animals. Since pigs smelled so bad they would be washed before being put on board. The mud and other filth that was washed off was considered useless “HOG WASH”.

**CURFEW**—The word “curfew” comes from the French phrase “couvre-feu”, which means “cover the fire”. It was used to describe the time of blowing out all lamps and candles. It was later adopted into Middle English as “curfeu” which later became the modern “curfew”. In the early American colonies homes had no real fireplaces so a fire was built in the center of the room. In order to make sure a fire did not get out of control during the night it was required that, by an agreed upon time, all fires would be covered with a clay pot call a “curfew”.

**BARRELS OF OIL**—When the first oil wells were drilled they had made no provision for storing the liquid so they used water barrels. That is why, to this day, we speak of barrels of oil rather than gallons.

OLD FIREHOUSE NEWS



HELPING HANDS NEEDED



At the  
OLD FIREHOUSE SENIOR CENTER  
For a few hours a week to wash dishes

Contact Debbie  
520-457-2525

# LET'S PLAY BUNCO!

This month Bunco will be held on October 29th from 1:30 PM to 3:30 PM. Lots of prizes will be on hand, so join us to win! There is always something that your eye will catch on the “white elephant” table, or try to win the BIG prizes for the most Buncos, wins, losses and the last bunco! Sometimes Linda Lee gives away extra prizes, so be sure to check it out!

Linda Lee is working on some special prizes for our November Bunco game. Lots of

Christmas items! That game will be held on November 26th at 1:30 PM. Join us! Check out some of our prizes....



# Let's have some fun!

### Let's Get Acquainted with . . . Bobby Widhalm

Originally from Indian Grove, Missouri, Bobby Widhalm, now spends his time between Hereford and Tombstone where he serves as an Arizona Ranger, helping to keep our streets safe for residents and tourists. He was initially lured to Tombstone by the annual Vigilante 10K run.

Bobby has lived in the area for 17 years but has also spent time in Florida, Georgia, and Arkansas. He has been quite the world traveler, as well; visited South America, Europe, Australia, and the far east.

He is retired military and has also worked as an umpire.

His hobbies include running (9 marathons up Pikes Peak), hiking, biking, hunting, sailing, skiing, and golf. Bobby loves to dance.

Sky blue is Bobby's favorite color and he loves food – claims "he grew up on it". Did we mention his sense of humor?

People watching from a bench on Allen Street is a favorite of his and he loves his work as a ranger.

When asked what he likes best about our senior center, Bobby was quick to mention the food. He has high praise for Debbie and all the volunteers that provide the services to make the Old Firehouse such a comfortable haven.

Tombstone history fascinates this man who is forever open to learning and experiencing all life has to offer.

"Do not neglect hospitality, for through it, some have unknowingly entertained angels," is a favorite adage of Bobby's, right up there with "winning isn't everything, but wanting to is", "no man is free who cannot control himself", and "give me men to match my mountains."

What makes Bobby Winhalm happy? "I love life; it gives me something to do."



# Joke of the Day

## TEXTING FOR SENIORS

- BFF** - best friend fell
- BTW** - bring the wheelchair
- TTYL** - talk to you louder
- BYOT** - bring your own teeth
- LMDO** - laughing my dentures out
- FWIW** - forgot where I was
- IMHAO** - is my hearing aid on?
- OMMR** - on my massage recliner
- ROFLACGU** - rolling on the floor laughing and can't get up



# OLD FIREHOUSE NEWS

On Monday, October 15th the Cochise County Health Department offered FREE flu shots for our community. In addition to flu shots, they had tetanus, or DPT, shingles shots and several others. They served 60 people who came in from 10 am—2 pm. The



nurses didn't get a break at all. Hopefully they will be here again next year! Thank you, to all the nursing staff!



## ATTENTION, EVERYONE!!!!!!!!!!

On December 21st the OLD FIREHOUSE will be open for 1/2 day. That means we will be only serving coffee & cookies in the morning. See you then!



## City of Tombstone Old Firehouse Senior Center

520-457-2525

seniorcenter.tombstone@gmail.com



### November 2018 Menu

Meals served 11:00 AM -1:00 PM

MON	TUES	WED	THURS	FRI
			1 Mushroom Chicken Rice Pilaf Broccoli Salad Fruit	2 Spaghetti Garlic Bread Salad Fruit Dessert
5 Lemon Baked Fish Roasted Potatoes Buttered Carrots Salad Fruit Dessert	6 Baked Ham Scalloped Potatoes Broccoli Salad Fruit	7 Hamburgers French Fries Salad Fruit	8 Green Chili Burritos Spanish Rice Salad Fruit	9 Chicken Salad Rolls Salad Fruit Dessert
12  <b>VETERANS DAY</b> OLD FIRHOUSE CLOSED	13 Beef Tips Mashed Potatoes Green Beans Salad Fruit	14 Potato Soup Ham Sandwiches Pasta Salad Fruit Dessert	15 BBQ Chicken Baked Beans Bacon Cabbage Stir Fry Salad Fruit	16 Baked Potato Bar Salad Fruit Dessert
19 Biscuits & Gravy Scrambled Eggs Salad Fruit Dessert	20 Meatball Sandwiches Chips Salad Fruit	21 Turkey & ALL the Fixin's Salad Fruit Dessert	 <b>HAPPY</b> THANKSGIVING OLD FIREHOUSE CLOSED	23 THANKSGIVING VACATION OLD FIREHOUSE CLOSED
26 Chicken & Dumplings Salad Fruit Dessert	27 Beef Enchiladas Pinto Beans Spanish Rice Salad Fruit	28 Chili Cornbread Salad Fruit	29 Patty Melt Chips Coleslaw Fruit Dessert	30 Tamales Refried Beans Spanish Rice Salad Fruit

# Old Firehouse Donations & Expenses

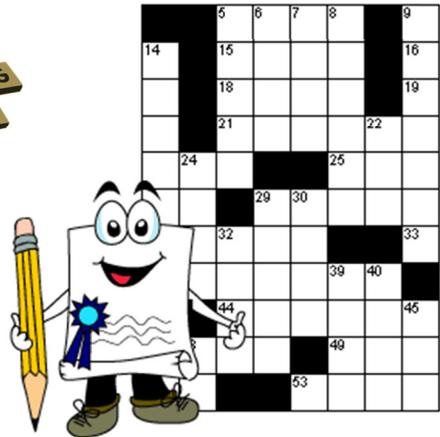
## Old Firehouse Senior Center Profit & Loss

January through September 2018

	Jan - Sep 18
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
<b>Direct Public Support</b>	
Client Contributions	6,615.58
St. Paul's Episcopal Church	81.00
<b>Total Direct Public Support</b>	6,696.58
<b>Equipment Fund</b>	
Building Rental	400.00
Candy Machine	42.75
Movie Rental	38.01
Organization Donations	439.00
Equipment Fund - Other	50.00
<b>Total Equipment Fund</b>	969.76
<b>Total Income</b>	7,666.34
<b>Gross Profit</b>	7,666.34
<b>Expense</b>	
<b>Operations</b>	
Groceries for Food Program	
Paper Goods & Misc	149.38
Groceries for Food Program - Other	7,943.64
<b>Total Groceries for Food Program</b>	8,093.02
Supplies	789.33
<b>Total Operations</b>	8,882.35
<b>Travel and Meetings</b>	1,184.55
<b>Total Expense</b>	10,066.90
<b>Net Ordinary Income</b>	-2,400.56
<b>Net Income</b>	-2,400.68



# Senior Crossword



## ACROSS

- 2 Conceals your face
- 3 Graveyard
- 6 Well known vampire
- 8 Witches ride them
- 9 Jack-O'-Lanterns
- 10 Vampires sleep in them
- 11 Has eight legs
- 12 Mary Shelley told his story
- 16 To yell
- 17 Vampires drink it
- 18 Bad luck to see one of these
- 19 Skeletons head
- 20 Trick or Treat holiday
- 21 He brings death
- 22 Used in witches brews

## DOWN

- 1 Dug for the dead
- 3 Witch stirs one
- 4 Wolves howl at them
- 5 Man by day this by night
- 7 Bob for these
- 13 Witches cast these
- 14 Any two bones in an X
- 15 Comes back to haunt you
- 16 Bones
- 17 Scary flying mammal

# Old Firehouse Numbers



## Total Meals Served at the Senior Center

Month	Clients	Under 60	Visitors
January	916	20	143
February	855	20	125
March	905	25	166
April	924	22	125
May	865	22	171
June	842	21	115
July	843	21	92
August	933	21	101
September	776	16	125
<b>TOTALS</b>	<b>7,859</b>	<b>188</b>	<b>1,163</b>



SPECIAL THANKS goes to the City of Tombstone, The Tucson Community Food Bank, SEAGO, DES, AZ Dept. of Adult & Aging Services and other donors for food to supply our senior center. THANK YOU!!

**2018  
Total to  
date  
9,210  
Meals!**



# Old Firehouse Birthdays

## Happy Birthday

### October

- 1—N. Sullivan
- 3—S. Dejournett
- 3—L. Trusty
- 6—B. Korbeck
- 12—M. Poteete
- 16—J. Gipson
- 16—A. Rodriguez
- 19—S. Holman
- 21—S. Cottrell
- 23—M. Nixon
- 25—C. Kirk
- 26—R. DellaRosa
- 26—J. Sullivan
- 28—T. Robison

### November

- 4—K. Scott
- 15—J. Dambach
- 15—J. Harriman
- 18—S. Larsen
- 18—T. Mace
- 19—M. Ortega
- 20—S. Scott
- 23—M. Rosario
- 28—W. Snoddy
- 29—M. Eberle

### December

- 2—F. Vigil
- 3—G. Conner
- 4—R. Lopez
- 7—J. McClure
- 8—A. Skinner
- 11—G. Lennington
- 18—D. Molina
- 22—B. Vigil
- 22—G. Pyle
- 25—D. Schreiner



If you see any of these people on their special day, wish them a "Happy Day" for the Old Firehouse Senior Center!



## Volume 29

Deborah Hankerd  
Manager

507 E Toughnut Street  
PO Box 339  
Tombstone, AZ 85638

Check us out on the web!

Facebook@OldFirehouseSeniorCenter

CityofTombstone.com

Click on "City Council & Officials" then  
"Senior Citizens Center"

Phone: 520-457-2525

Fax: 520-457-3516

E-mail:

seniorcenter.tombstone@gmail.com

### The Old Firehouse Senior Center

welcomes everyone who is 55 years or older and also all volunteers!

If you have a spouse who may be younger, they are welcome too.

We host a variety of activities such as bingo, sewing, movies, computers, line dancing, nutrition information and more!

Meals are served Monday through Friday from 11:00 AM-1:00 PM.

If you'd like to donate, volunteer or need any information, please contact the manager, Debbie Hankerd at 520-457-2525



## Happenings in Tombstone....

### **TOMBSTONE HELLDORADO DAYS**

**OCTOBER 19, 20 & 21, 2018**



Check out the most rip-roaring celebration in Tombstone during Helldorado Days! Helldorado is held every third Friday, Saturday and Sunday in October and consists of gunfight re-enactment shows, street entertainment, fashion shows and other entertainment. For more information visit their website at

[www.TombstoneHelldoradoDays.com](http://www.TombstoneHelldoradoDays.com) or call the Tombstone Chamber of Com-

### **Great American Adventures – Wyatt Earp’s Vendetta Ride**

**October 14 @ 8:00 am - October 19 @ 5:00 pm**

This five-day ride will take you to the Chiricahua, Dragoon and Whetstone Mountains, through the high country around Tombstone, visiting sites where Wyatt and his posse killed Florentio Cruz, had a shoot-out with the Cow-boys and killed "Curly Bill" Brocius, plus Johnny Ringo's haunted gravesite and more – much more! Horses, tack, food, provided. For more info visit [www.Great-American-Adventures.com](http://www.Great-American-Adventures.com)

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